



Knee Arthroscopy

What is arthroscopy?

Arthroscopy is a surgical procedure that allows your Orthopedic Surgeon access to the inside of your knee through several tiny incisions. Your doctor can confirm your diagnosis and repair any injured tissue by using a camera and tools inserted into the joint space.

How is it performed?

Typically three small incisions are made through which the tools are placed. The first tool is a small fiber optic camera that lets your physician visualize the injury and confirm your diagnosis. The second tool is inserted opposite the camera and allows the physician to perform the surgery. This can be a shaver, trimmer or any other device necessary to repair your knee. The third tool irrigates the joint and if necessary expands it.



CLINIC LOCATIONS

Columbia Heights
Eagan
Forest Lake
Downtown St. Paul - Gallery
Downtown St. Paul - Ritchie
Hastings
Maplewood
Vadnais Heights
Woodbury - Allina
Woodwinds Health Campus

CONTACT INFORMATION

Main Line
(651) 842-5200

Appointment Line
(651) 842-5201

www.summitortho.com



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What can I expect before surgery?

When you are ready to schedule your arthroscopy you will need to talk with your physician's patient coordinator to schedule an appropriate time. The patient coordinator will provide you with the necessary paper work, talk to you about a pre-operative physical and help you with any questions you may have. A pre-operative physical performed by your primary care provider is required in the thirty days before surgery. It is your responsibility to make and keep that appointment. If you do not have this done prior to surgery, your surgery will have to be cancelled and rescheduled.

